

# THE RECYCLER



## Sanipac thanks Northwest Association for Blind Athletes for Doing Good In Our Community

Founded in 2007, Northwest Association for Blind Athletes (NWABA) has been providing life changing opportunities through sports and physical activities for individuals of all ages and abilities who are blind or visually impaired.

Through participation in NWABA's programs, individuals build confidence and gain the skills, tools, and resources they need to achieve success in all areas of life. The opportunity to ride a bike for the first time or meet others with a visual impairment is the catalyst individuals need to reach their greatest potential.

In 2015, NWABA started providing adaptive sports programming in the Southern Willamette Valley. In the past year, they have served more than 400 individuals in our community. Activities have included swimming, skiing, hiking, tandem cycling and goalball. They couldn't do it without volunteers who dedicate their time on the weekends to be guides or pilots.



NW ASSOCIATION  
FOR  
**BLIND**  
**ATHLETES**



If you would like to learn more about how to volunteer or know someone who would be interested in participating in an event, please contact Megan Ahleman at 360-768-5649 or [mahleman@nwaba.org](mailto:mahleman@nwaba.org). You can also visit [nwaba.org](http://nwaba.org) where you can find out what events are happening in our area.

Another way you can support is by attending NWABA's annual Southern Willamette Valley Fundraiser, which Sanipac is the presenting sponsor. It will be taking place on Thursday, April 23, 2020 from 6-8pm at the Hilton Garden Inn Eugene/Springfield. Tickets are \$35. If you are interested in attending, please contact Sue Warren at 360-984-5506 or [swarren@nwaba.org](mailto:swarren@nwaba.org).

[www.nwaba.org](http://www.nwaba.org)



# Need a Little More Space?

If you are overfilling your cart each week you may consider choosing a larger cart to avoid being charged for extra garbage.

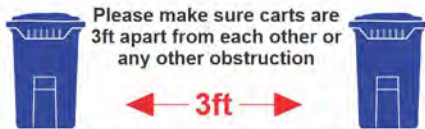
You have the opportunity to choose the cart size and frequency that works best for you.

Our customer service representatives are happy to help discuss your garbage and recycling needs. We may be able to save you money by changing your service level.

**Remember to Stop at the Top!** ✓



Please remember your carts may be placed out no earlier than 7:00 p.m. on the day prior to your regularly scheduled collection, and empty receptacles must be removed from curbside no later than midnight on the day of collection.



Separating recyclables from your trash reduces the amount of waste that ends up in landfills, saves energy, and reduces emissions!

## Haul-i-days

If your pick up day falls on or following one of these holidays, your pick up will be one day later ending with Friday's pick up being done on Saturday.

**Example:** Thanksgiving Day only affects Thursday & Friday customers.

**New Years Day**  
**Memorial Day**  
**4th July**  
**Labor Day**  
**Thanksgiving Day**  
**Christmas Day**

## YARD DEBRIS RECYCLING

Fruits, vegetables, coffee grounds, plate scrapings, meat, bones, dairy products, baked goods, kitchen trimmings, grass, leaves, branches up to 4" in diameter, brush, fruit tree discards and vegetation.

- Close the lid
- 120 pound limit
- No dirt or rocks



- No bags
- No Pet Waste
- No Poison Oak
- No compostable wares (plates, silverware, cups)

## Commingle Recycle Instructions:

**ALL RECYCLING MUST BE CLEAN!**

**INCLUDE ONLY THE FOLLOWING ITEMS:**

### Flattened Cardboard Boxes & Egg Cartons

*Excludes frozen food packaging, gable top cartons & waxed cardboard*



### Newspapers, Magazines, Junk Mail, Office Paper, Paper Scrap

*Clean Paper only*



### Milk Jugs & Drink Bottles Only

*Empty and rinse all containers  
 No Lids  
 (No food or liquid residue)*



### Pop Cans and Food Cans

*Empty and rinse all cans,  
 No Lids  
 (No food or liquid residue)*



Would you like to volunteer, discuss, or have questions about recycling? We value your input on recycling education! Please call PJ Silva at 541.736.3614.

For questions on recycling at the Lane County transfer sites please call: 541.682.4120



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